



Saudi Classification Examination Dietitian

EXAMINATION CONTENT GUIDELINE



Blueprint outlines:

Evaluation Item	Sections	Percentage (%)
(150 MCQs, 3 hours)	1. Fundamentals of Dietetics	10%
	2. Disease Prevention and Health Promotion	10%
	3. Nutrition Screening, Assessment and Counseling	7%
	4. Medical Nutrition Therapy	13%
	5. Food Science and Normal Nutrition	15%
	6. Principles of Food Preparation and Training	6%
	7. Menu Planning	10%
	8. Procurement and Materials Management	5%
	9. Food Production, Distribution and Facility Design	5%
	10. Safety and Sanitation	14%
	11. Community Nutrition	5%

**Note:****Passing Score**

Technician: 55%

- **Blueprint distributions of the examination may differ up to +/-5% in each category.**
- **Percentages and content are subject to change at any time. See the SCFHS website for the most up-to-date information.**

References

- Understanding Normal and Clinical Nutrition. Sharon Rady Rolfes, Kathryn Pinna, Ellie Whitney, Brooks Cole, Latest Edition.
- Krause's Food and the Nutrition Care Process - Elsevier eBook on Intel Education Study, L. Kathleen Mahan, Janice L Raymond, Sylvia Escott-Stump, Latest Edition.
- Choose Your Foods: Exchange Lists for Diabetes. American Diabetes Association and American Dietetic Association, Latest Edition.
- Nutrition and Diagnosis-Related Care, by Sylvia Escott-Stump, Latest Edition.
- Gregoire Mary B. Foodservice Organizations A Managerial and Systems Approach, Pearson/Prentice Hall, Latest Edition.
- V.A. Vaclavik and E.W. Christian, Essentials of Food Science, Springer Science, New York, Latest Edition.
- Understanding Food: Principles and Preparation By Amy Brown. Wadsworth publishing, Latest Edition.
- Nikolaos Katsilambros, Charilaos Dimosthenopoulos, Meropi Kontogianni, Evangelia Manglara and Kallopi-Anna Poulia. Clinical Nutrition in Practice, Wiley-Blackwell, Latest Edition.



Note: This list is intended for use as a study aid only. SCFHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken from these sources.

Efficiently healthy society

