



SAUDI FELLOWSHIP TRAINING PROGRAM

CHILD AND ADOLESCENT PSYCHIATRY

Final Examination

Written Examination:

Exam Format:

The Saudi subspecialty fellowship and diplomas final written examination shall consist of one paper with 80-120 multiple-choice questions (single best answer out of four options). 10 unscored items can be added for pretesting purposes.

Passing Score:

The passing score is 70%. However, if the percentage of candidates passing the examination before final approval is less than 70%, the passing score must be lowered by one mark at a time aiming at achieving 70% passing rate or 65% passing score whichever comes first. Under no circumstances can the passing score be reduced below 65%.





Suggested References:

- Rutter's Child and Adolescent Psychiatry Text Book.
- Dulcan's Textbook of Child and Adolescent Psychiatry.
- Diagnostic and Statistical Manual of Mental Diseases- Fifth Edition (DSM-5).
- American Academy of Child and Adolescent Psychiatry Practice Parameters.
- American Academy of Child and Adolescent Psychiatry Code of Ethics principles.

Crash Courses:

- Outline of each course including suggested reading references given by the provider.

1. Ethics and Professionalism in Child and Adolescent Psychiatry (CAP) Course:

Discussion about issues related to ethics and professionalism in the field of child psychiatry including: patient confidentiality and disclosure of information, mandated reporting, informed consent, treatment consent and refusal, custody and guardianship, rights of minors, individual and societal/ community needs, consent and assent in research, competency, cultural and ethnical influences on development, psychiatric disorders, care and family systems, vulnerable Populations, disasters and juvenile justice.

2. Family Therapy Course:

It includes basic principles in family therapy, application in child and adolescent age groups, disorders that benefit from therapy and challenges and other options of management.

3. Cognitive Behavioural Therapy for Children:

This course is about the knowledge and skills in applying such type of therapy for people younger than 18 years old.





4. Research methodology and statistics:

A condensed course in knowledge and application of research methodology and statistics in child and adolescent psychiatry.

Note:

This list is intended for use as a study aid only. SCFHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.





Final Written Exam Blueprint Outlines:

No.	Section	Percentage
1	Introduction to Child Psychiatry (History Taking and Mental Status Examination)	5%
2	Child and Adolescent Normal Development / Attachment	10%
3	Neurodevelopmental Disorders	25%
4	Conduct Disorder/ Oppositional and Impulse Control Disorder/ Other Behavioural Disorders	5%
5	Major Depression/Bipolar Disorder/Other Mood Disorders	5%
6	Obsessive-Compulsive Disorder	5%
7	Anxiety Disorders/ Phobias/ Dissociative Disorders	10%
8	Psychotic Illnesses in Childhood and Adolescence	5%
10	Psychotherapy for Children and Adolescents	10%
11	Psychiatric Approach to Pediatric Inpatients Consults/ Psychosomatics	5%
12	Child Abuse/ Legal Issues/ Personality Disorders	5%
13	Psychometric Test in Child and Adolescent/Clinical Psychology	5%
14	Substance Disorders	5%
Total		100%

Notes:

- Blueprint distributions of the examination may differ up to +/-5% in each section.
- Percentages and content are subject to change at any time. See the SCFHS website for the most up-to-date information.
- Research, Ethics, Professionalism, and Patient Safety are incorporated within various domains.

