الهيئة السعودية للتخصصات الصحية
Saudi Commission for Health Specialties

Saudi Licensure Examination
Sports Medicine

EXAMINATION CONTENT GUIDELINE

<u>EXAMINATION MODEL</u>

Blueprint outlines:

Evaluation Item	Sections	Percentage (%)
(200 MCQs, 4 hours)	1. Applied Anatomy	5%
	2. Performance Evaluation	10%
	3. Exercise Prescription	5%
	4. Sports Psychology	5%
	5. Management of sports Injuries	15%
	6. Rehabilitation of sports Injuries	10%
	7. Sports Nutrition	15%
	8. Prohibited Substances and Methods	15%
	9. Medical Taping Techniques	10%
	10. Patient Safety	5%
	11. Professionalism and Ethics	5%

Note:

Passing Score

Registrar: 65%

- Blueprint distributions of the examination may differ up to +/-5% in each category.
- Percentages and content are subject to change at any time. See the SCFHS website for the most up-to-date information.

References

- Ackland, Elliot, Bloomfield. Applied Anatomy and Biomechanics in Sports; Human Kinetics.

- Wilmore, Costill, Kenny. Physiology of Sport and Exercise; Human Kinetics.

- Carol Oatis. Kinesiology: The Mechanics and Pathomechanics of Human Movement; Lippincott Williams and Wilkins.

- Cox. Sport Psychology: Concepts and Applications; McGraw-Hill.

- David Reid. Sports Injury Assessment and Rehabilitation; W.B. Saunders Company.

- Buschbacher, Prahlow, Dave. Sports Medicine and Rehabilitation: A Sports Specific Approach; Lippincott Williams and Wilkins.

- Manore, Meyer, Thompson. Sport Nutrition for Health and Performance; Human Kinetics.

- The World Anti-Doping Code, The World Anti-Doping.

- Macdonald. Taping Techniques: Principles and Practice; Butterworth-Heinemann.

- Essentials of Patient Safety, SCHS, Latest Edition.

- Professionalism and Ethics, Handbook for Residents, Practical guide, Prof. James Ware, Dr. Abdulaziz Fahad Alkaabba, Dr. Ghaiath MA Hussein, Prof. Omar Hasan Kasule, SCFHS, Latest Edition.

Note: This list is intended for use as a study aid only. SCFHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken from these sources.

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