



SAUDI FELLOWSHIP TRAINING PROGRAM

ADULT PSYCHOSOMATIC MEDICINE

Promotion Examination

Written Examination Format:

- A written examination shall consist of one paper with not less than 100 MCQs with a single best answer (one correct answer out of four options). Up to 10% of unscored items can be added for pretesting purposes.
- The examination shall contain type K2 questions (interpretation, analysis, reasoning, and decision-making) and type K1 questions (recall and comprehension).
- The examination shall include basic concepts and clinical topics relevant to the specialty.
- Clinical presentation questions include history, clinical findings, and patient approach. Diagnosis and investigation questions; include the possible diagnosis and diagnostic methods. Management questions; including treatment and clinical management, either therapeutic or nontherapeutic, and complications of management. Materials and Instruments questions; including material properties, usage, and selection of instruments and equipment used. Health maintenance questions; include health promotion, disease prevention, risk factors assessment, and prognosis.





Passing Score:

The trainee's performance is assessed in each of the evaluation formulas according to the following scoring system:

Score	Less than 50%	50% – 59.4%	60% - 69.4%	More than 70%
Description	Clear Fail	Borderline Fail	Borderline Pass	Clear Pass

1. To upgrade the trainee from a training level to the next level, she/he must obtain at least a **Borderline Pass** in each evaluation form.
2. The program director may recommend to the local supervision committee to request the promotion of the trainee who did not meet the previous promotion requirement according to the following:
 - A. In case the trainee gets a **Borderline Fail** result in one of the evaluation forms, the remaining evaluation forms must be passed with **Clear Pass** in at least one of them.
 - B. In case the trainee gets a **Borderline Fail** result in two of the evaluation forms to a maximum, provided they do not fall under the same theme (Knowledge, Attitude, Skills). The remaining evaluation forms must be passed with **Clear Pass** in at least two of them.
 - C. The promotion must be approved in this case by the scientific council for the specialization.





Blueprint Outlines:

No.	Sections	Percentage
1	General Principles In Evaluation and Management in Psychosomatic Medicine	10%
2	Delirium and Other Neurocognitive Disorders; Aggression, Suicidality, and Depression in The Medical Setting	10%
3	Anxiety and Related Disorders, Psychosis, Mania, Catatonia in The Medical Setting	10%
4	Somatic Symptom and Related Disorders, Chronic Fatigue and Pain Syndromes, Factitious Disorders And Malingering	10%
5	Other Psychiatric Disorders in The Medical Setting: Substance-Related Disorders; Eating Disorders; Sleep Disorders; Sexual Disorders; Others	10%
6	Psychosomatic Related Issues In Heart Diseases, Lung Diseases, Gastrointestinal Diseases; Renal Diseases, Endocrine and Metabolic Diseases	10%
7	Psychosomatic Related Issues In Neurology and Neurosurgery, Rheumatology, Infectious Diseases And HIV/AIDS	10%
8	Psychosomatic Related Issues In Oncology, Palliative Care, Hematology, Obstetrics and Gynecology, Surgery and Organ Transplantation	10%
9	Psychopharmacology and Other Treatments Like ECT In The Medically Ill	10%
10	Psychotherapy in The Medically Ill	10%
Total		100%

Notes:

- Blueprint distributions of the examination may differ up to +/-5% in each category.
- Percentages and content are subject to change at any time. See the SCFHS website for the most up-to-date information.
- Research, Ethics, Professionalism, and Patient Safety are incorporated within various domains.





Suggested References:

- 1- Fogel, Barry S., and Donna B. Greenberg. Psychiatric care of the medical patient. Oxford University Press, 2015.
- 2- The American Psychiatric Association Publishing Textbook of Psychosomatic Medicine and Consultation-Liaison Psychiatry, Third Edition
- 3- Psychosomatic Medicine: An Introduction to Consultation-Liaison Psychiatry by James J. Amos

Crash Courses:

- Outline of each course including suggested reading references given by the provider.

Note:

This list is intended for use as a study aid only. SCFHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.

