

### SAUDI FELLOWSHIP TRAINING PROGRAM

### ARTHROSCOPY AND ORTHOPEDIC SPORT TRAUMA SURGERY

### **Promotion Examination**

### **Examination Format:**

- A written examination shall consist of one paper with not less than 100 MCQs with a single best answer (one correct answer out of four options). Up to 10% of unscored items can be added for pretesting purposes.
- The examination shall contain type K2 questions (interpretation, analysis, reasoning, and decision-making) and type K1 questions (recall and comprehension).
- The examination shall include basic concepts and clinical topics relevant to the specialty.
- Clinical presentation questions include history, clinical findings, and patient
  approach. Diagnosis and investigation questions; include the possible diagnosis and
  diagnostic methods. Management questions; including treatment and clinical
  management, either therapeutic or nontherapeutic, and complications of
  management. Materials and Instruments questions; including material properties,
  usage, and selection of instruments and equipment used. Health maintenance
  questions; include health promotion, disease prevention, risk factors assessment,
  and prognosis.



## Passing Score:

The trainee's performance is assessed in each of the evaluation formulas according to the following scoring system:

| Score       | Less than 50% | 50% - 59.4%     | 60% - 69.4%     | More than 70% |
|-------------|---------------|-----------------|-----------------|---------------|
| Description | Clear Fail    | Borderline Fail | Borderline Pass | Clear Pass    |

- 1. To upgrade the trainee from a training level to the next level, she/he must obtain at least a Borderline Pass in each evaluation form.
- 2. The program director may recommend to the local supervision committee to request the promotion of the trainee who did not meet the previous promotion requirement according to the following:
  - A. In case the trainee gets a **Borderline Fail** result in one of the evaluation forms, the remaining evaluation forms must be passed with **Clear Pass** in at least one of them.
  - B. In case the trainee gets a **Borderline Fail** result in two of the evaluation forms to a maximum, provided they do not fall under the same theme (Knowledge, Attitude, Skills). The remaining evaluation forms must be passed with **Clear Pass** in at least two of them.
  - C. The promotion must be approved in this case by the scientific council for the specialization.

# **Blueprint Outlines:**

| No. | Sections                                  | Percentage |
|-----|---|------------|
| 1   | Knee                                      | 40%        |
| 2   | Shoulder                                  | 25%        |
| 3   | Upper Limb                                | 5%         |
| 4   | Lower Limb                                | 15%        |
| 5   | Medical Issues Related to Sports Medicine | 10%        |
| 6   | Research-related                          | 5%         |
|     | 100%                                      |            |

## Notes:

- Blueprint distributions of the examination may differ up to +/-5% in each category.
- Percentages and content are subject to change at any time. See the SCFHS website for the most up-to-date information.
- Research, Ethics, Professionalism, and Patient Safety are incorporated within various domains.



# **Suggested References:**

1. DeLee, Drez, and Miller's Orthopaedic Sports Medicine: Principles and Practice

### Crash Courses:

• Outline of each course including suggested reading references given by the provider.

## Note:

This list is intended for use as a study aid only. SCFHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.