



SAUDI FELLOWSHIP TRAINING PROGRAM

MEDICINE OF SLEEP

Final Written Examination

Examination Format:

A Saudi subspecialty fellowship final written examination shall consist of one paper with 80-120 Single Best Answer MCQs. 10% unscored items can be added for pretesting purposes.

Passing Score:

The passing score is 70%. If the percentage of candidates passing the examination before final approval is less than 70%, the passing score must be lowered by one mark at a time aiming at achieving 70% passing rate or 65% passing score whichever comes first. Under no circumstances can the passing score be reduced below 65%.





Suggested References:

- American Academy of Sleep Medicine. International Classification of Sleep Disorders. 3rd ed. Darien, Il: American Academy of Sleep Medicine; 2014.
- Principles and Practice of Sleep Medicine - 2 Volume Set, 7th Edition Authors : Meir H. Kryger & Thomas Roth & Cathy A Goldstein.

Note:

This list is intended for use as a study aid only. SCFHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.





Blueprint Outlines:

No.	Sections	Percentage
1	Sleep Physiology and Pharmacology	16%
2	Circadian Rhythm Sleep-Wake Disorders	10%
3	Insomnia	17%
4	Central Disorders of Hypersomnia	12%
5	Parasomnias	7%
6	Sleep-Related Movements	8%
7	Sleep-Related Breathing Disorders	20%
8	Sleep in Other Disorders	5%
9	Instrumentation and Testing	5%
Total		100%

Note:

- Blueprint distributions of the examination may differ up to +/-5% in each category.
- Percentages and content are subject to change at any time. See the SCFHS website for the most up-to-date information.
- Research, Ethics, Professionalism and Patient Safety are incorporated within various domains.
- Results will be published within 14 business days following the last date of your examination.

