



## SAUDI BOARD RESIDENCY TRAINING PROGRAM

### OBSTETRICS & GYNECOLOGY

#### Final Written Examination

##### Examination Format:

A Saudi board final specialty written examination shall consist of two papers each with 100-125 Single Best Answer MCQs. Up to 10% unscored items can be added for pretesting purposes.

##### Passing Score:

The passing score is 70%. However, if the percentage of candidates passing the examination before final approval is less than 70%, the passing score must be lowered by one mark at a time aiming at achieving 70% passing rate or 65% passing score whichever comes first. Under no circumstances can the passing score be reduced below 65%.

### Suggested References:

- William Obstetrics by F. Gary Cunningham, Norman F. Gant, Kenneth J Leveno, Larry C. Gilstrap, III, John C. Houth, Katharine D. Wenstrom.
- Clinical Gynecologic Endocrinology and Infertility by Mac A. Fritz and Leon Speroff.
- Telinde's Operative Gynecology by Richard W. Te Linde, John D. Thompson.
- Comprehensive Gynecology by Morton A. Stenchever, William Droegemuller, Daniel R. Mishell, Arthur L. Herbst.
- Obstetrics : Normal & Problem Pregnancies by Steven G. Gabbe, Jennifer R. Niebyl, Joe Leigh Simpson
- Clinical Gynecologic Oncology by Philip DiSaia, William Creasman, Robert Mannel, D. Scott McMeekin, David Mutch
- Berek and Hacker's Gynecologic Oncology, by Jonathan S. Berek, Neville F. Hacker
- Williams Gynecology by Barbara L. Hoffman, John O. Schorge, Karen D. Bradshaw, Lisa M. Halvorson, Joseph I. Schaffer, Marlene M. Corton
- Pediatric and Adolescent Gynecology by Joseph S. Sanfilippo, David Muram, John Dewhurst, Peter A. Lee
- Maternal-Fetal Medicine by Robert K. Creasy, Robert Resnik, Jay Iams
- Professionalism and Ethics Handbook for Residents: A Practical Guide, by Prof. James Ware, Dr. Abdulaziz Fahad Alkaabba, Dr. Ghaiath MA Hussein, Prof. Omar Hasan Kasule, SCFHS, Latest Edition
- Essentials of Patient Safety: The first step to proper healthcare, SCFHS, by Abdulelah Alhawsawi, Salem Alwahabi, Ahmad Wazzan
- Introduction to Clinical Research for Residents, SCFHS, by Hani Tamim
- Evidence Based Medicine. How to Practice and Teach EBM by DI Sackett
- Users' Guides to the Medical Literature: A Manual for Evidence-Based Clinical Practice, by Gordon Guyatt, Drummond Rennie, Maureen O. Meade, Deborah J. Cook
- Clinical evidence-based guidelines of Saudi and international societies related to obstetrics and gynecology (e.g., ACOG, RCOG, SOGC, etc.)
- UpToDate website
- Communication Skills: Key to Understanding, by Dr. Fayza Rayes, SCFHS, 2016

### Note:

This list is intended for use as a study aid only. SCFHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.

**Blueprint Outlines:**

Section	Content Outline	Weight
<b>Obstetrics</b>	<ul style="list-style-type: none"> <li>• Preconception/Prenatal/Antenatal Care</li> <li>• Evaluation/Diagnosis of Antenatal Conditions</li> <li>• Intrapartum Care, Complications, and Obstetrical Procedures</li> <li>• Postpartum Care</li> </ul>	<b>32.5%</b>
<b>Gynecology</b>	<ul style="list-style-type: none"> <li>▪ Preoperative Evaluation</li> <li>▪ Perioperative Care</li> <li>▪ Postoperative Care</li> <li>▪ Surgical Complications</li> <li>▪ Evaluation/Diagnosis/Management of Gynecologic Conditions</li> <li>▪ Surgical Procedures</li> <li>▪ Neoplasia</li> </ul>	<b>30%</b>
<b>Office Practice and Women 's Health</b>	<ul style="list-style-type: none"> <li>▪ Well-Woman Preventive Care</li> <li>▪ Office Management – Medical Problems</li> <li>▪ Office Management – Gynecology</li> <li>▪ Office Procedures</li> </ul>	<b>30%</b>
<b>Cross Content</b>	<ul style="list-style-type: none"> <li>▪ Communication</li> <li>▪ Basic Sciences</li> </ul>	<b>7.5%</b>

- Basic sciences: anatomy, embryology, physiology, pharmacology, histopathology, microbiology, genetics, biochemistry.

**Note:**

- Blueprint distributions of the examination may differ up to +/-5% in each category.
- Percentages and content are subject to change at any time. See the SCFHS website for the most up-to-date information.
- Research, Ethics, Professionalism and Patient Safety are incorporated within the various domains.



## Example Questions

### EXAMPLE OF K2 QUESTIONS

#### Question 1

A 38-year-old woman presents to the Emergency Department with very painful strong contractions that are occurring every two to three minutes. She is currently at 40 weeks gestation and has had 2 normal and successful pregnancies before. She denies any vaginal bleeding or leaking fluid. On examination, there is good fetal movement. Vaginal examination reveals the cervix is 1 cm dilated, 60% effaced, and the vertex is at +1 station.

What is the most appropriate next step in management?

- A. Send her home
- B. Rupture membranes
- C. Administer terbutaline
- D. Observation and analgesia

### EXAMPLE OF K1 QUESTIONS

#### Question 2

Which of the following disorders has the worst maternal prognosis during pregnancy?

- A. Viral hepatitis
- B. Chronic active hepatitis
- C. Cholestasis of pregnancy
- D. Acute fatty liver of pregnancy