



SAUDI DIPLOMA TRAINING PROGRAM

NURSING IN HOME HEALTH CARE

Promotion Examination

Written Examination Format:

- A written examination shall consist of one paper with not less than 100 MCQs with a single best answer (one correct answer out of four options). Up to 10% unscored items can be added for pretesting purposes.
- The examination shall contain type K2 questions (interpretation, analysis, reasoning and decision making) and type K1 questions (recall and comprehension).
- The examination shall include basic concepts and clinical topics relevant to the specialty.
- Clinical presentation questions include history, clinical finding and patient approach. Diagnosis and investigation questions; include the possible diagnosis and diagnostic methods. Management questions; including treatment and clinical management, either therapeutic or nontherapeutic, and complications of management. Materials and Instruments questions; including material properties, usage, and selection of instruments and equipment used. Health maintenance questions; include health promotion, disease prevention, risk factors assessment, and prognosis.

Passing Score:

The trainee's performance is assessed in each of the evaluation formulas according to the following scoring system:

Score	Less than 50%	50% – 59.4%	60% - 69.4%	More than 70%
Description	Clear Fail	Borderline Fail	Borderline Pass	Clear Pass

1. To upgrade the trainee from a training level to the next level, she/he must obtain at least a Borderline Pass in each evaluation form.
2. The program director may recommend to the local supervision committee to request the promotion of the trainee who did not meet the previous promotion requirement according to the following:
 - A. In case that the trainee gets a **Borderline Fail** result in one of the evaluation forms, the remaining evaluation forms must be passed with **Clear Pass** in at least one of them.
 - B. In case that the trainee gets a **Borderline Fail** result in two of the evaluation forms to a maximum, provided they do not fall under the same theme (Knowledge, Attitude, Skills). The remaining evaluation forms must be passed with **Clear Pass** in at least two of them.
 - C. The promotion must be approved in this case by the scientific council for the specialization.

Blueprint Outlines:

No.	Sections	Percentage
1	Home Health Care Foundations	20%
2	Medical Surgical Nursing	25%
3	Health Education and Promotion	10%
4	Home Health Care Safety	5%
5	Applied Pharmacology	10%
6	Communication ¹	10%
7	Biostatistics	5%
8	Epidemiology	5%
9	Ethical and Legal Considerations	10%
Total		100%

- ¹**Communication includes:** Definition, process, major dimensions, types, modes, principles, factors and barriers of communication at home.
- All sections incorporate applied Basic Science assessment which includes but not limited to Physiology, Pharmacology, Anatomy, Physics, and Equipment

Note:

- Blueprint distributions of the examination may differ up to +/-5% in each category.
- Percentages and content are subject to change at any time. See the SCFHS website for the most up-to-date information.
- Research, Ethics, Professionalism, and Patient Safety are incorporated within various domains.



Suggested References:

TEXT BOOKS:

- Rice R., Home Care Nursing Practice: Concepts and Application. 2005, 4th ed. Mosby.
- American Nurses Association (2013). 2nd ed. Home Health Nursing: Scope and Standards of Practice.
- General Regulation of professional Classification and Registration Saudi Commission for Health Specialties (1439) 2018.
- Credentialing and Privileging in the Kingdom of Saudi Arabia
- A Whitepaper by the Saudi Central Board for Accreditation of Healthcare Institutions (CBAHI) September 2017.
- The Saudi Commission for Health Specialties Department of Medical Education & Postgraduate Studies, Code of Ethics for Healthcare Practitioner, (2014).
- Allender, J. A., Warner, K. D., Rector, C. L., & Allender, J. A. (2014). Community and public health nursing: Promoting the public's health. Philadelphia: Wolters Kluwer/Lippincott Williams & Wilkins Health.
- (OSACH), O. S. (2003). Health and Safety in the Home Care Environment. Ontario.
- Allender, J. A., Warner, K. D., Rector, C. L., & Allender, J. A. (2014). Community and public health nursing: Promoting the public's health. Philadelphia: Wolters Kluwer/Lippincott Williams & Wilkins Health.
- Plichta, S. B., & Garzon, L. S. (2009). Statistics for Nursing and Allied Health: Wolters Kluwer/Lippincott Williams & Wilkins Health.
- Epidemiology / Leon Gordis.—Fifth edition 2014
- Smeltzer, S., & Bare, B. (2017). Brunner and Suddarth's
- Textbook of Medical Surgical Nursing (14th Edition). Philadelphia: J.B. Lippincott.

Note:

This list is intended for use as a study aid only. SCFHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.



Example Questions

EXAMPLE OF K2 QUESTIONS

Question 1

The home health nurse visits a 31-year-old man to provide wound care and finds him lethargic and confused. His wife states that he fell down the stairs 2 hours ago.

Which of the following is the most appropriate management?

- A. Send him to the Emergency Room for evaluation
- B. Call the patient's health care provider for instructions
- C. Reassure the patient's wife that the symptoms are transient
- D. Instruct the patient's wife to call the doctor if his symptoms become worse